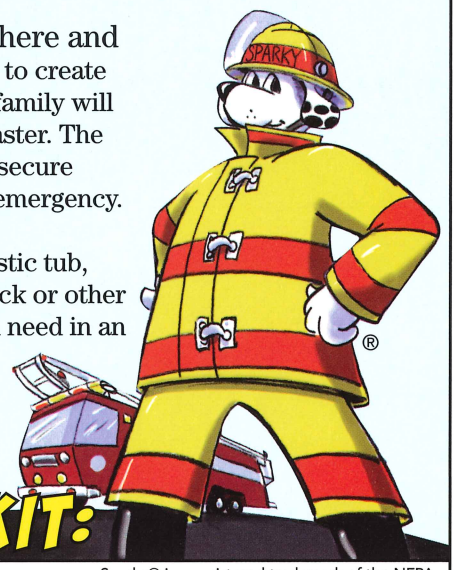
GET READY!

Disasters can happen anywhere and at any time. By taking the time to create an emergency supplies kit, your family will be prepared in the event of a disaster. The kit also helps children feel more secure knowing it is there in case of an emergency.

The supplies can be kept in a plastic tub, small suitcase, trash can, backpack or other container. To learn what else you need in an emergency supplies kit, go to **www.ready.gov**.



EMERGENCY SUPPLIES KIT:

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- ❑ Water – one gallon per person per day for drinking and sanitation — store 3-day supply
- ❑ Ready-to-eat food, canned juices, comfort/stress foods — at least a 3-day supply
- ❑ Battery-powered or hand-cranked radio and a NOAA weather radio, and extra batteries for both
- ❑ Flashlights and extra batteries
- ❑ First aid kit
- ❑ Non-prescription drugs such as pain reliever, anti-diarrhea medication, antacid, laxative
- ❑ Prescription medications, contact lenses and supplies, denture needs
- ❑ Whistle to signal for help
- ❑ Infant formula and diapers, if you have an infant
- ❑ Water and pet food if you have pets
- ❑ Moist towelettes, garbage bags and plastic ties for personal sanitation
- ❑ Dust mask or cotton t-shirt to filter the air
- ❑ Plastic sheeting and duct tape to shelter-in-place
- ❑ Wrench or pliers to turn off utilities
- ❑ Can opener for food
- ❑ Aluminum foil
- ❑ A jacket or coat, hat and gloves
- ❑ A complete change of clothing including long pants, long sleeve shirt, and sturdy shoes stored in a waterproof container.
- ❑ Sleeping bag or warm blanket for each person
- ❑ Rain gear
- ❑ Mess kits, paper cups, plates and plastic utensils
- ❑ Cash or traveler's checks, change
- ❑ Paper towels
- ❑ Tent
- ❑ Compass
- ❑ Matches in a waterproof container
- ❑ Signal flare
- ❑ Paper, pencil
- ❑ Personal hygiene items
- ❑ Soap
- ❑ Disinfectant and household chlorine bleach
- ❑ Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. Remember to include emergency contact numbers.
- ❑ Passport, bank account numbers, credit card account numbers and companies
- ❑ Books, games puzzles, portable music device

NOTE: *Replace food every six months. Re-think your kit and family needs once a year. Replace batteries and update clothes, etc.*

My Personal Pack Checklist

Have children create their personal pack. Have them include things like their favorite book or stuffed animal. These familiar things will help keep them comfortable during an emergency.

- ✔ Change of clothes
- ✔ Blanket
- ✔ Books
- ✔ Favorite toy
- ✔ Paper, pencils and crayons

For more information, visit the National Fire Protection Association at **www.nfpa.org/disaster**.

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